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A Message from the Mayor

I am delighted that "It's a Knockout" returns to St. Albans this year, and it is a great honour for the City to be the venue for an International Heat of Jeux Sans Frontières.

It is a great pleasure to welcome our guests, the teams, civic heads and supporters alike and I would like to say to the visitors from

Albufeira, Portugal - "Muinto obridado"
Bad Segeberg, Germany - "Willkommen"
Banja Luka, Yugoslavia - "Dobrodoŝli"
Bar-le-Duc, France - "Bienvenu"
Lierde, Belgium - "Welkom"
Ragusa, Italy - "Benvenuto"
Roveredo, Switzerland - "Benvenuto"

I do hope they will enjoy their visit and have some opportunity to see something of our beautiful City and District as well as participating in the contest.

Needless to say, I am thrilled that the St. Albans team will be taking part and I know that the whole City will

join me in cheering them on.

In offering my best wishes to all the competitors I feel sure that all will remember that "Jeux Sans Frontières" is primarily an event for fun and enjoyment and a wonderful opportunity to promote and encourage international friendship through sport.





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CECIL KORER - PRODUCER

Cecil, who has been with the BBC for 22 years, began his television career in the north. He then moved to London to work as director on such shows as Top of the Pops and Children Talking. He became Ex-Producer ecutive of television's Quiz Unit and was responsible for the development and production of such quiz series as Password and Ask the Family. In 1975 he returned north - he was born in Stockport - to take over It's A Knockout and Jeux Sans Frontières.

In the past year he has been advising television companies in Hong Kong and America about producing Knockout programmes in their own countries.

IT'S A KNOCKOUT 1979

Starting in April, twenty-one British towns set out on the Eurovision glory trail in the 1979 round of Europe's top fun show, Jeux Sans Frontières. And by the end of the year, an estimated 240 million viewers throughout Europe will have shared in the fun and competition.

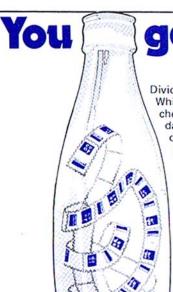
But first there's the hurdle of winning at home · taking part in BBC 1's everpopular It's A Knockout.

Three towns take part in each of seven domestic competitions with the winners going into Europe to take on teams from Belgium, France, Germany, Italy, Switzerland, Yugoslavia and, for the first time in the 13 year history of the competition, Portugal.

The winners of each programme will go forward to a special It's A Championship Knockout to be staged at Charnock Richard, near Chorley in Lancashire in July and will compete for the Radio Times trophy designed by Bill Tidy, which they will retain for a year along with the British Champions Title.

And, of course, each winning team will go into Europe with the highest placed team representing their country in the Grand Final to be held in Bordeaux, France, later in the year. In the event of a tie for highest place, the team which scored the most points in their heat will represent the UK.

There will also be another It's A Celebrity Knockout programme where the Lords' Taverners and a team of celebrities will battle it out - strictly for fun!



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STUART HALL

Stuart Hall, who made his Knockout debut in 1972, presents Look North, the BBC North West week-night television magazine programme in Manchester, and makes frequent appearances on the network in Nationwide.

A Lancashire lad, he first broadcast in 1958 as a radio contributor in Sports Spotlight . He has reported on soccer, cricket, tennis, motor racing as well as current affairs.

His great loves are football, fast cars and antique clocks. Perhaps the clocks reign supreme - he loves their sense of continuity.

Married the same year he started broadcasting - 1958 - Stuart has two teenage children, Francesca and Daniel. His home in Glossop, Derbyshire, is crammed with antique clocks, Victorian furniture, bronzes and old portraits.

EDDIE WARING

Eddie joined the programme in 1966 and has vast experience of Knockout recordings.

He has been a top BBC personality ever since TV came to the North in 1951, becoming a household name in covering rugby league.

Born in Dewsbury, Eddie played soccer, rugby union and rugby league.

A globe-trotter, he has made seven trips round the world and appeared on TV in Australia, New Zealand and the U.S.

Eddie usually gives a special blow-byblow account of the mini-marathon contest, which can be a vital tiebreaker in a tight contest.



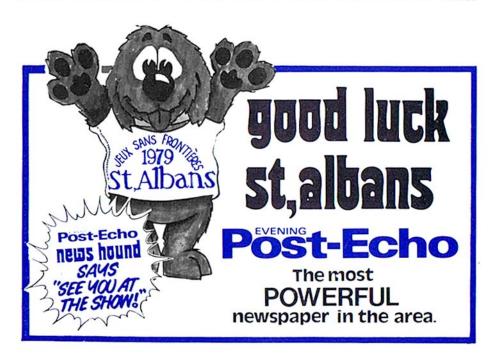


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St. Albans - Where the art & architecture of 20 centuries meet.

The City of St. Albans dates from Roman times when the town, then known as Verulamium, was one of the most important in the Roman Empire. The city takes its name from Alban, a Romano-British citizen who became Britain's first Christian martyr when he was beheaded on a hillside outside Verulamium. The Saxons built a church on this site and over the centuries it has been rebuilt and developed into the magnificent cathedral which can be seen today.

The remains of the Roman city can be seen at Verulamium Museum, Hypocaust, Roman Theatre and in Verulamium Park, together with some of the priceless artefacts which have been unearthed in past excavations.

Other places of particular interest within the town are the 15th Century Clock Tower in French Row built of flint and cobble and originally a curfew tower. Fishpool Street, with its fascinating period houses and public houses and, in St. Michael's Village, the Kingsbury Water Mill, a working museum. St. Albans is also famous as the home of the Royal National Rose Society Gardens.

Within easy travelling distance of St. Albans is Hatfield House, home of the Marquis of Salisbury, Knebworth House and Country Park. Luton Hoo to the north of St. Albans houses the Fabergé Jewels and mementos of the Russian Imperial Family.

The attractive village of Ayot St. Lawrence was for many years the home of George Bernard Shaw and at Shaw's Corner can be seen many of Shaw's personal belongings. At London Colney is Salisbury Hall, a moated 17th Century Mansion, and the Mosquito Aircraft Museum. Woburn Abbey and Whipsnade Zoo are both all year round attractions.

Further details of these, and many other places of interest may be obtained from the Tourist Information Centre, 37 Chequer Street, St. Albans.

Tel: St. Albans 64511.

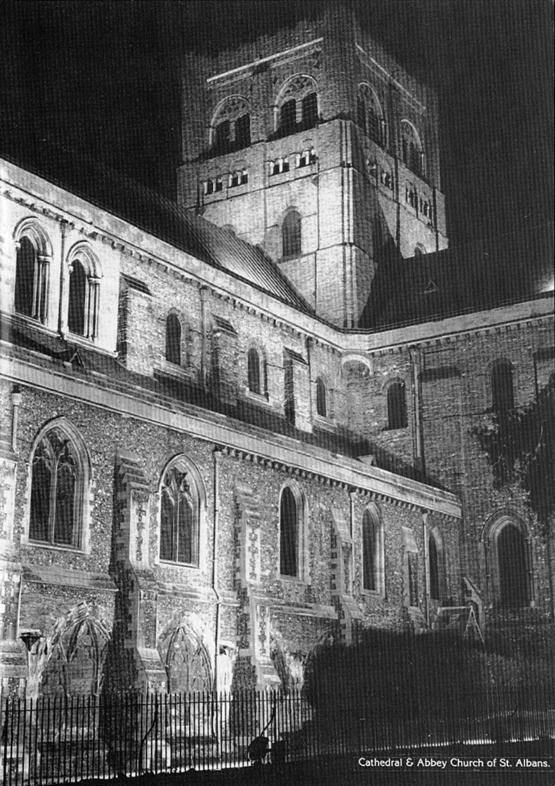


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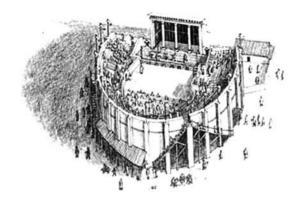
The convenient location of the Hertfordshire Moat House makes this hotel the ideal conference centre. It is situated on the A5 just one mile North of the M1 Motorway at Junction 9 and within easy reach of Luton Airport.

For the tourist the hotel is near to Whipsnade Zoo and within a few miles of Woburn Abbey and Safari Park, Hatfield House and the Roman Verulamium at St. Albans.

The Restaurant offers a fine selection of à la carte dishes together with a table d'hote menu. There are five conference suites which also cater for dances, dinner parties and functions.

The Hertfordshire Moat House,

London Road, Flamstead, St. Albans, Herts. AL3 8HH Tel: Luton (0582) 840840



An artist's representation of how the Roman Theatre may have looked. Remains of the theatre can still be seen in Verulamium.

Out of sight of the TV audience there's a dedicated team that the Knockout live audiences see going about their complex duties.

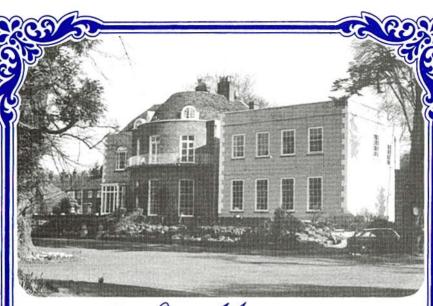
The director is Geoff Wilson. Engineering manager Geoff Lomas ensures that all the complicated equipment functions correctly. Cecil Korer also has the assistance of Alan Wright and Alan Walsh, who lead the full-time workers responsible for the months of advance preparation which go into the smooth running of the series.

The games are devised and designed by Stuart Furber and his assistant Barry Roach. Stuart has been designer on and off for over 10 years and his outrageous games and costumes have provided much of the fun and zany humour for which Knockout has become so well known.

On the day of the recording the audience in the arena will see three individuals racing backwards and forwards, talking to the director's mobile control van, via walky-talky radios. Led by Alex Thomas, they are Stage Managers, and it is their job to make sure that the teams and the personalities are in the right place at the right time.

The English referees at St. Albans are Arthur Ellis and Mike Swann. Arthur Ellis from Halifax really needs no introduction, as he is one of the world's best known soccer referees, having officiated in practically every country that plays first class football. He refereed world capital cup ties and seventy three internationals in his time and became the first English referee to be awarded the Gold Badge of F.I.F.A.

He is a member of the Pools Panel which sits when bad weather cancels football fixtures, and he now works as a brewery representative. Arthur Ellis is assisted by Mike Swann, who joined the Knockout Team as a referee after successfully managing the Banbury Team of a few years ago.



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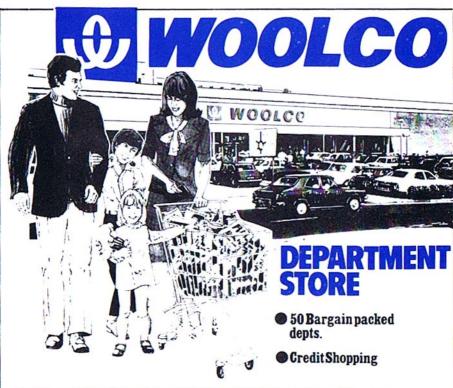
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FORMAT FOR GAMES

GAME 1	6 teams
*1st "Fil Rouge"	Belgium v. Switzerland
GAME 2	8 teams
GAME 3	6 teams
*2nd "Fil Rouge"	France v. Portugal
GAME 4	8 teams
GAME 5	6 teams
*3rd "Fil Rouge"	Germany v. Yugoslavia
GAME 6	8 teams
GAME 7	6 teams
*4th "Fil Rouge"	Italy v. Great Britain
GAME 8	ALL 8 teams



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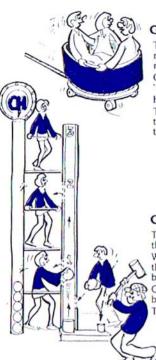
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COUNTRY	m	Đ	Ω	IL,	GB	-	Δ.	ΝĀ
TOWN	Lierde	Roveredo	Roveredo Bad Segeberg Bar-le-Duc	Bar-le-Duc	St. Albans	Ragusa	Albufeira	Banja Luka
GAME 1	•							
GAME 2								
TOTAL								
GAME 3								
TOTAL								
GAME 4								
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GAME 5								
TOTAL								
GAME 6								
TOTAL								
GAME 7								
TOTAL								
FIL ROUGE								
TOTAL								
GAME 8								
TOTAL								
PLACE								



GAME 1: THE "WALTZERS"

2 heats of 3 teams 2 male/3 female

Two males and one female start the game in the "Waltzer" at the top of the ramp. As they proceed down the ramp the bobbin unwinds, thereby revolving the "Waltzer".

Once the ride is complete, the girl gets out and the two men wind the "Waltzer" back up the ramp by the two handles provided.

Having achieved this, they pick up the second girl for another ride.

The winning team will be the one that is able to give the three girls a ride in the "Waltzer" in the shortest time. (To complete the game they must re-wind the "Waltzer" to the top of the ramp).

GAME 2: RING THE BELL

4 heats of 2 teams 2 male/3 female

The object of the game is to hit the balls to the three girls in turn, to enable them to fill the tube.

When the game begins, a given number of balls must be hit to the first girl, then to the second girl and finally to the third girl. Each girl must catch the ball and transfer same to the tube.

One man strikes the plunger with the hammer, the second man places the ball into the container.

The winning team will be the one filling the tube in the shortest time.

GAME 3: BITE THE APPLE

2 heats of 3 teams 1 male

Each competitor will be dressed in a very large costume. The object of the game is to "bite" the "apples" which will be hanging on string and positioned at various intervals and heights along the course.

The apples will be painted balloons, and when "bitten" will burst. There will be a number of pins inside the mouth of the costume. The "apple" must therefore pass into the mouth before it can be burst.

The competitor will not be able to use his hands to help him as they will be inside the costume.

The Team "eating" all the "apples" in the shortest time will be the winners.



4 heats of 8 teams (Elimination) 2 males

Each team is equipped with a very large disc to which are attached two offset handles - one on each side.

set nancies - one on each side.

The teams - by using only the handles, have to revolve the disc along the course to knock over their skittle.

The game is an elimination, therefore, the last team to knock over their skittle in the first run, drops out of the second etc.





GAME 5: THE COCONUT SHY

6 heats of 1 team 4 males/2 females

Three men from each team are dressed in Monkey costumes and have to cross the stage balancing a large coconut on their heads.

One male and one female from an opposing team - whilst balancing on sprung podiums - have to knock over the coconuts.

The "Monkeys" will be able to hide behind a number of cut out trees as they cross the stage.

To make it more difficult for them however, each wears a pair of boots fixed together by an offset axle.

The winning team will be the one that successfully carries the greatest number of coconuts across the stage in the time allowed.

GAME 6: HOOP-LA

1 heat of 8 teams 1 male/2 females + Male Captain

The man who is from an opposing team is dressed in a large Clown's costume. The girls have to "hoop-la" the Clown as many times as possible before he completes the course.

The winning team will be the one that has placed the greatest number of rings over their opposing Clown before he has reached his podium.

GAME 7: THE BOXING BOOTH

6 heats of 1 team 2 males/1 female

One man operates the large figure of the boxer from below. He will be able to move the boxer into a given number of positions. The girl from the same team - who can see - will be able to give him directions.

The man from the opposing team - who will be wearing large boxing gloves - has to jump on the trampoline until he is able to reach and punch the boxer's nose.

If the boxer is moved at the correct time, he will also be able to "punch" his opponent.

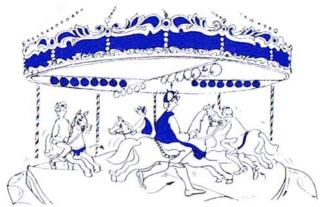
The winning team will be the one that scores the greatest number of hits in the time allowed.

GAME 8: THE DODGEMS

1 heat of 8 teams 2 males/1 female

Each team is supplied with a Dodgem car which has a large rubber bumper. The two men - the girl is a passenger \cdot have to propel the Dodgem car with their feet down the ramp through the course and back up to the top of the ramp to finish the game.

As with Dodgems at the fair, pushing and bumping are part of the game. The winning team will be the one that completes the course and returns to the top of the ramp in the shortest time.



FIL ROUGE: THE CAROUSEL

2 teams per Fil Rouge 2 males

The two men from each team are in "fairground horses". As can be seen from the illustration, they carry the horse and stand on their own feet.

When the carousel revolves, the competitors must run to try and maintain their position so as to enable them to burst the balloons above, with the top of their caps.

They will only be able to achieve this if they so judge their run as to be on the top of one of the humps when directly under their line of balloons.

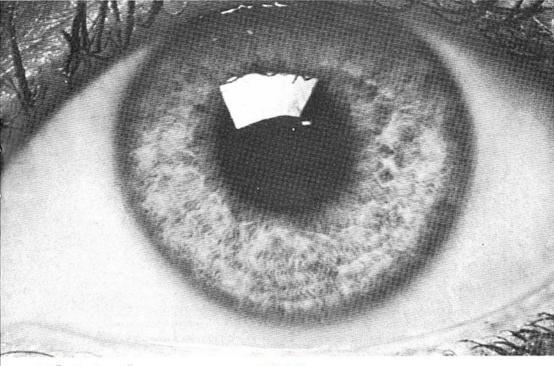
The winning team will be the one that bursts the greatest number of balloons in the time allowed.



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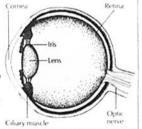
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ALBUFEIRA - Portugal

Largest resort on the Albufeira coast and the most popular. Well known for its water skiing and for its bull fights, but, unlike in Spain, the bulls are never killed. It has all the facilities of a good resort, with sailing, riding, some super discos and marvellous restaurants. There is an open market every day in the centre of the town selling fresh meat and vegetables etc.

BAD SEGEBERG - Germany

Situated on Segeberg Lake and a health resort, Bad Segeberg has a population of 15,000. It is famous for its bee-keeping school and also for the Karl May Festival. Karl May wrote many books about the troubles of the first white settlers in America. The Festival is held annually and each year a play is performed in an open air theatre based on one of Karl May's books. Bad Segeberg is situated in a triangle formed by Hamburg 55 km away, 45 km from Kiel, famous for its sailing week, and 25 km from Lubeck, which is famous for its marzipan.

BANJA LUKA - Yugoslavia

Banja Luka is the biggest town and cultural centre of the Bosanska Krajine region, which was devastated by an earthquake in 1969. The world gave help and support, enabling the town to be rebuilt, many of the old buildings being faithfully restored. Banja Luka was founded in Asian times as an important military centre. It has numerous cultural and historic monuments and is well known as a spa town.

BAR-LE-DUC - France

Is an industrial town comprising a population of over 20,000 people, some 231 km from Paris. Its main industries are food and textiles. The church of St. Pierre with its monument and the ruins of a castle, are of interest to visitors to this ancient town.

LIERDE - Belgium

Is a little village in East Flanders dominated by the Oudeberg mountain. Five miles south of Lierde is the old town of Gerrardsbergen which has a very old church, inside which is a 15th century font. Also inside the church is the figure of a Manikin Pis, which the inhabitants of the town claim is the original figure, although the Manikin in Brussels is generally held to be the original. Gerrardsbergen is also well known for its very well-known match making industry, which is coupled with an industry of handmade cigars.

RAGUSA - Italy

Is a little provincial town with a rich history, consisting of 50,000 people, not far from Agrigendo on the lovely island of Sicily. Sicily is renowned for its beautiful scenery and lovely coastline. The island has known several different civilisations and evidence of these can be found in the Greek temples and baroque villas, etc.

ROVEREDO - Switzerland

Is situated in Meolcina, an Italian speaking valley of the Canton Grisons in the southern Alps. It has 1954 inhabitants and has a 15th century 4-arch stone bridge which crosses the River Moesa to the parish church of San Guilio:

The main town of the valley is Mesocco village, which again is an Italian speaking community of 1200 inhabitants. Near Mesocco is Mesocco Castle which is the ancestral home of Count Sax. It was originally purchased in 1493 but destroyed in the war of 1526 by the Swiss. It was preserved from decay by Swiss students in the 1920's, the work taking 4 years.

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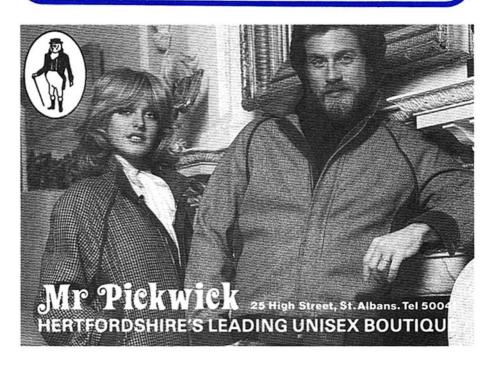
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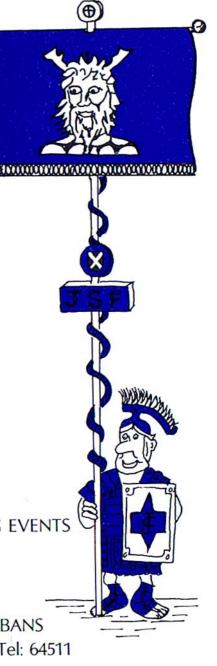
TO ALL THE TEAMS

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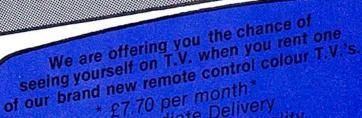


The City & District of St. Albans would like to thank most sincerely the undermentioned for their tremendous help and financial support in making this heat of Jeux Sans Frontières a success.

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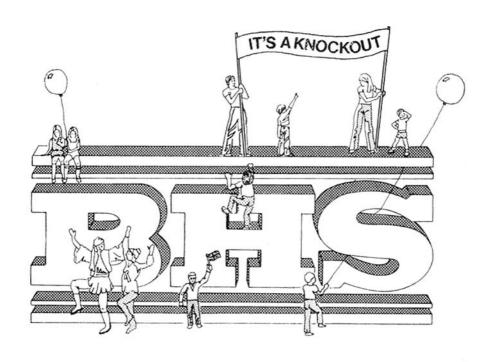
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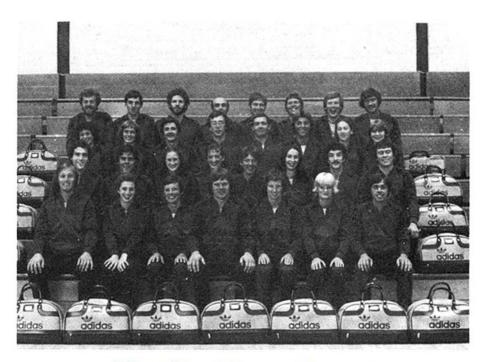
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The St. Albans Squad The final team will be selected from the following squad:

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STEVE GATES
PLACID GONZALES
STEVE MIZSEI
IAN NORFIELD
JOHN O'KANE
KEVIN PICKERING
TONY RUSSELL
ANDY SCOTT
LLOYD SIMPSON
ANDREW TOMINEY
BILL WHITTLESEA
JOHN WILSON
JONATHAN COX
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Abbey Gateway.



A view of one of the most picturesque of St. Albans' streets. Fishpool Street.





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