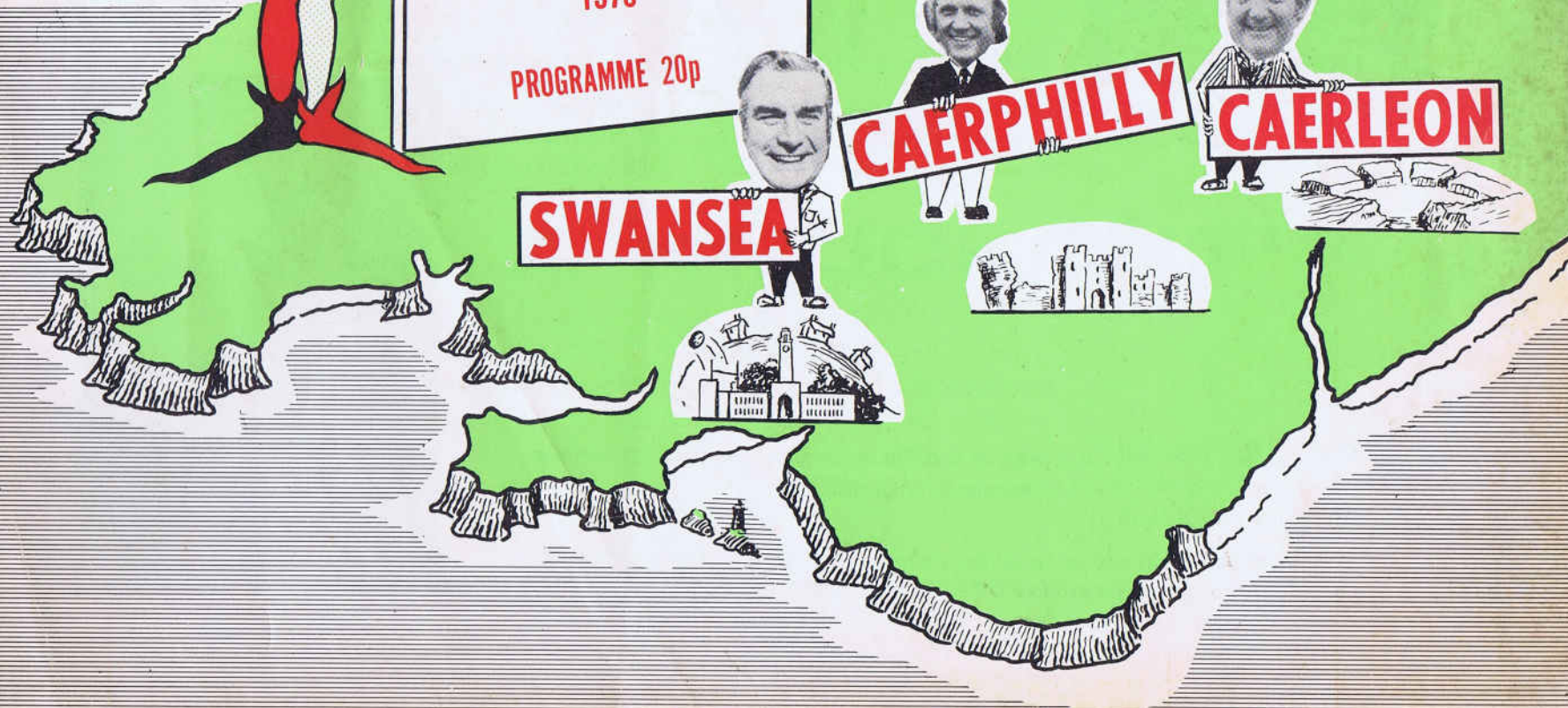
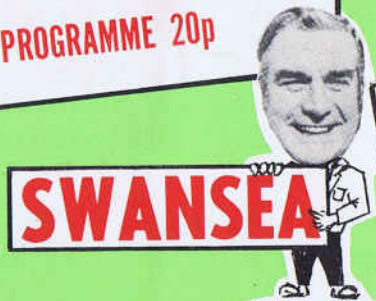
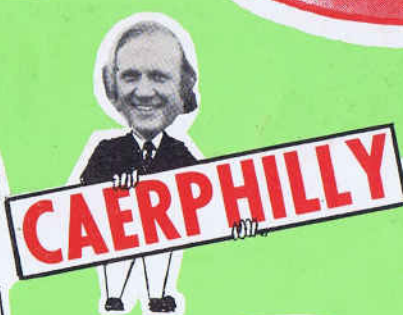
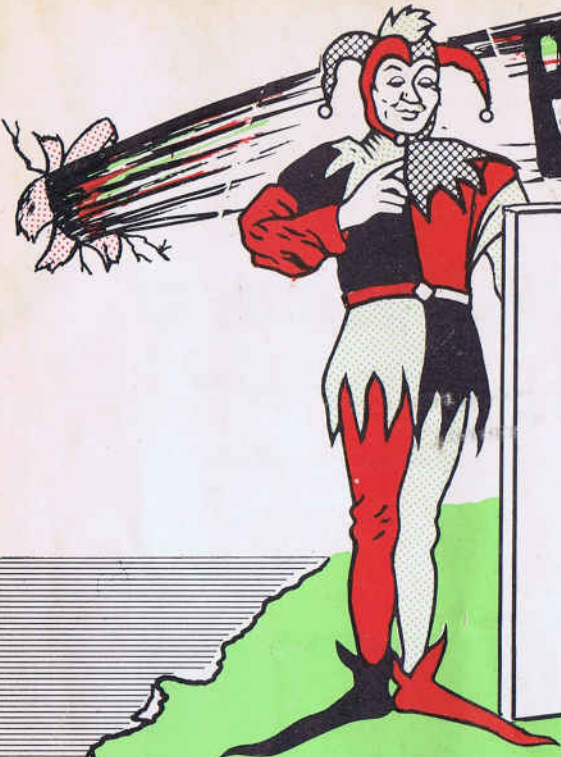
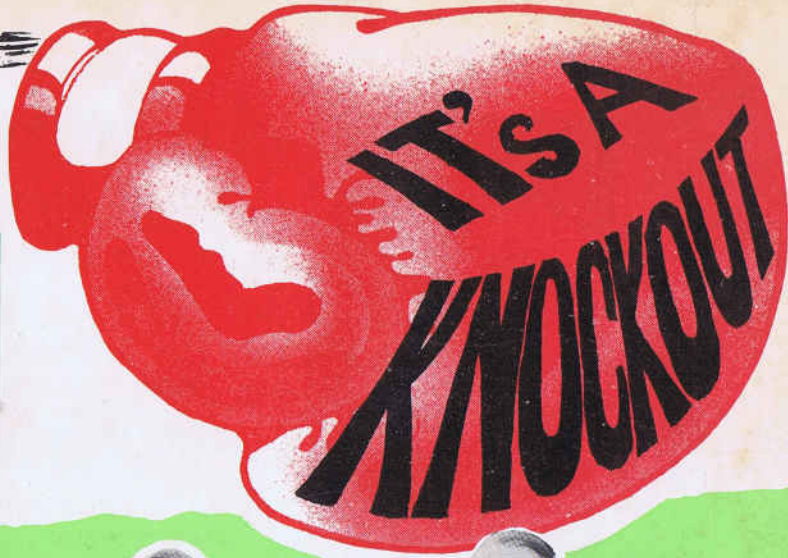


BBC TV's

AT
**ST. HELEN'S GROUND
SWANSEA**

ON
**SUNDAY 13th. APRIL,
1975**

PROGRAMME 20p





Foreword by the Right Worshipful Mayor of Swansea, Councillor W.H. Minney.



THE GUILDHALL.

SWANSEA SA1 4PA

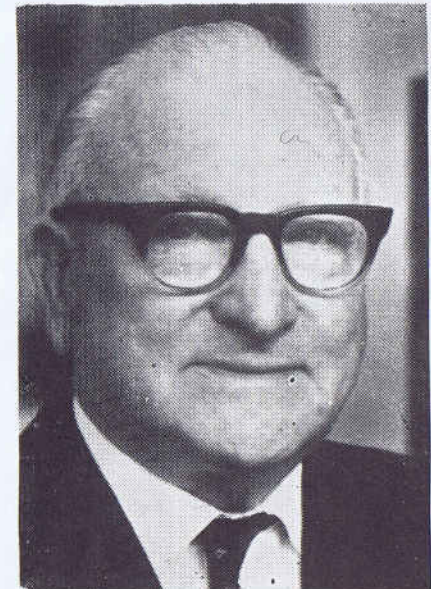
I am delighted that Swansea is staging the second heat in B.B.C. Television "It's A Knock-Out".

This is one of the most entertaining television programmes to be screened and I regard this event as one of the highlights of the year.

I shall be looking forward to the competition and I wish the competitors every success.

W.H. Minney

Mayor.
(Councillor W.H. Minney)



**A message from the Chairman of the Recreation & Amenities Committee,
Swansea City Council**

"Greetings and good wishes to all the competitors. May the competition be a great success and give pleasure to those taking part and those who watch it".

ST. HELEN'S GROUND, SWANSEA
SUNDAY 13th APRIL 1975

SWANSEA

v

CAERPHILLY

v

CAERLEON

Sponsored by the Swansea City Council in collaboration with B.B.C. Television

A programme of music and marching by the Band of the 3rd Volunteer Battalion, The Royal Regiment of Wales, Bandmaster W.O.I. W.R. Lee. (By kind permission of their Commanding Officer Lt. Col. D.E. Cox M.B.E.) From 3.30 – 4.30 p.m. Followed by:

'IT'S A KNOCKOUT'

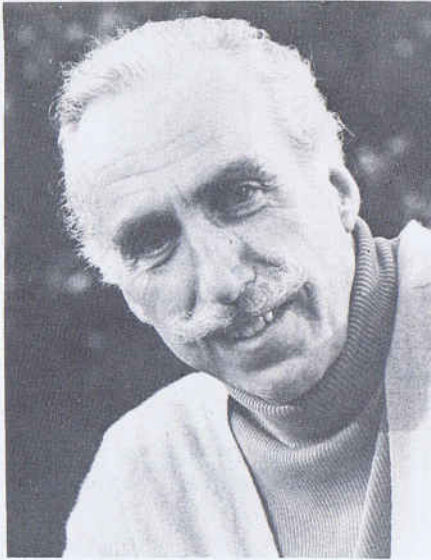
4.30 – 6.30 p.m.



Admission at Entrance Gates from
3.30 p.m. to field and enclosure 10p.
Admission strictly limited.

The Knock-Out Competition is
being televised by B.B.C. – T.V.
Producer – Barney Colehan.

PATRONS ARE REQUESTED TO BE SEATED BY 4.15 p.m.



Producer – Barney Colehan

Has produced everything from Religion to Rugby League for Television as well as every "Good Old Days" spectacular from its first one in 1953. His first success was producing one of Radios' all-time greats "Have A Go" with Wilfred Pickles. Still at the helm of this "It's A Knock-Out" programme as it enters its 10th year.



Arthur Ellis – Referee



Eddie Waring – Commentator



Stuart Hall.— Commentator

' IT'S A KNOCKOUT '

This fun and games spectacle was created in the North by the way of the B.B.C.'s "Top Town" Contests of the 1950's, and it has grown into an International Event watched by 15 million viewers in this country and 150 million in Europe.

The British "Knock-Out" provides winning teams for the international heats in the European version of the game "Jeux sans Frontieres" ("Games without Frontiers"). Swansea, Caerleon and Caerphilly are among 21 towns competing in the British Heats this year, thus ensuring a Welsh team in the Eurovision contest. The games taking place today will be televised on Friday, 6th June, 1975 and the winners will represent Great Britain at Maastricht in Holland on the 3rd June, 1975.

The games are devised by the Producer Barney Colehan and Designer Stuart Furber and are designed as much for humour as for physical prowess.

The Commentators for this Heat will be Eddie Waring of Rugby League fame (no stranger to this historic Rugby Ground) and Stuart Hall the question master of "Quiz Ball". The Referee is Arthur Ellis the former international Soccer referee.

GAME 1: BALLOON STRETCH

Each male team member is attached by strong elastic. When the game commences he picks up a balloon from the girl at the start, runs up the course and hands that balloon to the girl on the finish line.

A girl from an opposing team makes it more difficult for him to reach the end of the course by throwing water over him.

The winning team will be the one that hands over the greatest number of balloons in the allocated time.

GAME 2: WATER BALANCE

The men are equipped with rubber 'suckers'.

By placing the suckers on the discs above, they will be able to work their way along the tightrope over the pool.

Should one man fall off, the second man takes over.

The winning team will be the one that is able to complete the course in the shortest time.

GAME 3: SKI RACE

Each team is equipped with a large pair of skis attached to which are handles.

When the game commences, the teams work their way along the course bursting the balloons which are positioned at various intervals on the ground.

The winning team will be the one completing the course in the shortest time.

GAME 4: SWING AND CATCH

The man on the trapeze is pushed by the second male team member.

The first girl places the balls on the 'spot' for the man on the trapeze to catch between his feet. The second girl is positioned at the end of his swing waiting to catch the balls in a net.

The winning team will be the one that successfully catches the greatest number of balls.

GAME 5: BOX BALANCE

The two men balance the boxes - the girl is there to supply them.

Each new box is placed under the existing column of boxes.

The winning team will be the one that collects and balances the greatest pile of boxes in the allocated time.

GAME 6: CARPET RACE

All four team members are on the carpet. The two men hold up the front of the carpet by means of a long bar.

As the team proceed along the course - they must of course remain on the carpet at all times - the men must lift the bar over a number of obstacles.

Time will be deducted for any obstacle knocked over.

The winning team will be the one that completes the course in the shortest time.

GAME 7: TO THE RESCUE

One Heat – 3 Teams – 2 Males & 1 Female in each Team.

Firstly the object of the game is to climb the net, each team taking an Inner Tube.

Having negotiated the net, then throw the Inner Tube over the target. The teams make as many runs as possible during the time. The winning team will be the one that has thrown the greatest number of Inner Tubes over the target.

MARATHON: PUNCH BAG BALANCE

One man from Team A - who is blindfolded - swings the punch bag. The object of the game is to knock the opposing team members, from Teams B and C, off their stands.



CAERLEON TRAINING SQUAD

(Photograph by courtesy of South Wales Argus)

Front Row: Keith Plow (Trainer), Monica Bain, Marion Hughes, Sandra Welton, Julie Marshall, Allison Bryce, Brian Stone.
 2nd Row: Edward Norfolk, Richard Frame, Jonathon Marshall, Kevin Golds, Simon Cullen.
 3rd Row: Leonard Francis, Robert Blyth, Ian Jones, Mike Harber.
 Back Row: Paul Stevens (Trainer), Tony Smith (Trainer), Fred Beare (Trainer), Lynnette Harries (Ladies Team Capt.), John Macey (Trainer), Mike Rogers (Mens Team Capt.).

Also in the Team but now shown in Photograph : Margaret Lowe, Sharon Madge, Beverley Thorne, Trevor Barnard, Alec Evans, Neil Foster, Gareth McCarthy.

TEAM CAPTAIN: MIKE ROGERS Aged 24, Mike is a graduate of Cardiff University College and currently at Astone (Birmingham) University in the final stages of a doctorate thesis. A member of the 1972 Olympic organising Committee: his interests include philately, athletics and conservation.



CAERPHILLY TRAINING SQUAD

Back Row: Alan Pike of Hengoed; Terry Douglas of Caerphilly; Allan Morris of Bargoed; Neil Cooper of Ystrad Mynach; Colin Sibthorpe of Aberbargoed;
 Centre Row: Eurig Bowen of Cefn Hengoed; Robert Lacey of Hengoed; Owen Rosewell of Trethomas; David Llewelyn of Caerphilly; Roger Williams of Caerphilly; Russ Thomas of Caerphilly; Gerald Black of Caerphilly;
 Front Row: Verona Bowen of Cefn Hengoed; Janette Parsons of Aberbargoed; Coreen Mote of Aberbargoed; Cheryl Llewelyn of Caerphilly; Margaret Bird of Hengoed; Marilyn Daniel of Ystrad Mynach; Glender Morris of New Tredegar; Anne Thomas of Machen; Christine Colwill of Trethomas;

(Photograph by courtesy of Gordon Weaver, Ystrad Mynach.)

TEAM CAPTAIN: ANDREW MITCHELL Married. Aged 30. Andrew is employed by Rhymney Valley Council as Sports Officer at Ystrad Mynach Sports Centre.



SWANSEA TRAINING SQUAD

Back Row: C. Moore, S. Seaman, S. Yeandle, R. Sullivan, J. Griffiths.

Centre Row: Cr. J. Hartnoll, R. Luke, P. Preedy, J. Jones, P. Thomas, J. Alksanas, A. Mages, R. Shaddick, J. Buller, W. Sterio, D.A. Davies, Cr. A.R. Lloyd.

Front Row: S. Hayler, P. Ronan, W. Watson, G. Sullivan, C. Griffiths, R. Williams, S. Isaac, A. Wood.

(Photograph by courtesy of South Wales Evening Post)



SWANSEA TEAM CAPTAIN

Robert (Bobby) Sullivan

Married. Age 25. A Night Club Manager in Swansea whose interests include Judo and Squash. He is a former Judo International and represented Great Britain in the Munich Olympic Games. He is a former captain of the British Youth Judo Team and was Captain of the Welsh Judo Team 1964 - 1974.

Swansea City Council – Recreation & Amenities Committee KNOCK-OUT SUB COMMITTEE

Chairman: Councillor T.R. Davies

Vice-Chairman: Councillor A.R. Lloyd
Councillor J. Hartnoll

Director of Environment: C. Jenkins Dip. Arch., A.R.I.B.A.

Recreation Officer: R. Luke

Entertainments Officer: D.A. Davies D.M.A.

PRIZE DRAWING

This programme is numbered and could win you a prize.

1st Prize – £25.00

2nd Prize – £10.00

3rd Prize – £5.00

WINNING NUMBERS WILL BE ANNOUNCED AT 4.30 p.m.

Swansea City Council gratefully acknowledges the support
of the following organisations :

B.B.C. Television

Brynymor Press

W.A. Blyth Ltd.

Hazel Johnson Dance School

Mills Scaffolding Co. Ltd.

Tom Smith & Clarke Ltd.

South Wales Police Authority

St. John Ambulance

Swansea Press Ltd.

Swansea Junior Chamber of Commerce

Swansea Cricket & Football Club

South Wales Police Authority

Swansea City Council, Building Works Department

Swansea City Council, City Estates Department.

Director of Education, West Glamorgan County Council

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